



Care Manager Corner:

Tips if a Hurricane is heading your way!

It is that time again!



New Orleanians are no strangers Hurricane Preparedness; however, it is always good to have reminders. In addition, if you have elderly loved ones there are special considerations for sheltering in place or evacuating. **Home Care Solutions can help you weather the threat of a Hurricane.**

Discuss Your Personal Evacuation Plans Early

Talk to your family or friends about your specific evacuation plan.

Make a Detailed Plan

Together devise a specific evacuation plan complete with packing lists, lists of shelters, hotels and hospitals along the way to your destination just in case they are needed and a complete list of prescription medications and medical contacts both locally and in your destination area. Discuss transportation space limitations and decide ahead of time how many personal items you can expect to take with you.

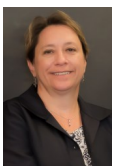


Know When to Go

Make sure that all parties know what will trigger your evacuation. What category storm will you leave for? How far in advance will you go? How much prep time is needed? Keep a written copy of your plan.

Knowing you are fully prepared can soothe away anxieties. ♦

Home Care Solutions can assist with sorting mail, organizing insurance and medical paperwork, as well as other household money management tasks, and having all important documents neatly organized to take with you, if you need to evacuate. Contact our office for more information. 504-828-0900 / www.HomeCareNewOrleans.com



*Geriatric Care Manager Cathy Puett, LCSW,CMC has been providing Care Manager services with **Home Care Solutions** for over four years. Cathy has worked as a medical and psychiatric social worker for 20 years with a focus on gerontology.*

2016 Important number to have

Evacuation assistance numbers:

Orleans – 311 or 658-8700

Jefferson – (504) 349-5360

St. Bernard – (504) 278-4268

Plaquemines – (504) 274-2476

St. Tammany – (985) 898-2359

STAY ALERT



STAY SAFE

LOUISIANA EMERGENCY ALERT SYSTEM

In the event of an emergency, these stations will broadcast emergency information:

Alexandria-AM 970, AM 580/FM96.9

Baton Rouge – AM1150, FM 102.5

Lafayette – AM 1330, FM 99.9

New Orleans – AM 870, FM 101.9

Shreveport – AM 1130, FM 94.5

FOR TRAFFIC INFORMATION, ROAD CLOSURES, and EVACUATION ROUTES VISIT:

Weather.gov or Louisiana Department of Transportation & Development

511la.org or dial 511 or 888-ROAD – 511

As always, Home Care Solutions has a supervisor on call

24-hours a day, seven days a week!

Please call anytime, 504-828-0900

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New Orleans Families

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Home Care Solutions! ♦



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