

Over
25
Years
of serving
New Orleans families

In the Spotlight

March 2018 Newsletter

HOME CARE solutions

IN HOME CARE • AGING LIFE CARE™ SPECIALISTS

Caregiver of the Month! Madison Price



Home Care Solutions' February 2018 Caregiver of the Month is **Madison Price**. **Madison** began working for Home Care Solutions in December 2015. Madison's gentle, kind disposition has proven that he is very compassionate and reliable employee. He conducts himself in a professional manner. He is punctual, dependable, courteous, honest and loyal to his clients. **Madison** will receive a gift card and a pin. **Congratulations!**



If you are caring for someone with Parkinson's Disease who's caring for you?

Home Care Solutions is offering Parkinson's Family Caregiver Support Group on the first Wednesday of every month, starting March 7th at 10:00 am

Discuss solutions to common caregiving issues with other family caregivers, share feelings with others who understand, and receive emotional support



Facilitated by: **Cathy Puett, LCSW, CMC, Home Care Solutions Client Services and Aging Life Care Manager™**

For more information, give us a call (504-828-0900), or see our website

www.HomeCareNewOrleans.com

THE COMPLIMENT CORNER:

For Caregivers that are recognized by our Clients, Families and HCS Staff for delivering outstanding care!

Lachael Paul
Christine Holmes
Renee Caliste
Sue Pontiff
Alicia Bailey



Ruth Bernard
Rosda Powers
Seless Phelps
Escalither Carey
Glen Ann Vaughn-Riley

We Believe Parents and Children get along better when someone else is the Caretaker

The role reversal from parents caring for their children to adult children caring for their aging parents is a difficult one. It represents a loss of freedom, capability and control on the part of the parent and loss of the old parent /child relationship on the part of the adult child. Feelings of anger can also accompany this natural loss of independence.

Talking candidly to each other is a good first step for families. If both parents and child feel heard and respected, it is easier to appreciate each other's perspective. Ask the person in need of care what their preferences are so efforts can be made to accommodate their wishes as much as is realistically possible. Sometimes an outside professional can have the conversations more easily. Involve an Aging Life Care Manager to confirm the need for care and to provide options.

Daylight Savings!



The practice of setting the clock forward by one hour during the warmer part of the year, so that evenings have more daylight and mornings have less.

**On MARCH 11th,
We SPRING AHEAD!
Don't forget to
Set your clocks ahead
by one hour.**

March 17th St. Patrick's Day!

May your pockets be heavy and your heart be light. May good luck pursue you each morning and night

